



Seniors & Disabled Residents Food & Grocery Assistance

Salem City Food Banks

(Note: Church Phones may not be answered 24x7, call again)

St John's Episcopal Church Parish House, Grant St at Market – Tuesdays, 12-2 pm

Spirit Life Fellowship, 424 East Broadway, Oasis Soup Kitchen, Lunch from 11:45 to 1 pm every Monday/Wednesday/Friday

Mt. Hope United Methodist Church – 364 E. Broadway – Every Third Saturday – 9 am to 1 pm 935-2091

The Salvation Army – 115 ½ W. Broadway – Monday to Friday, 10 am to 2:30 pm 935-0305

Mickey Bowman Food Pantry – 130 W Broadway – 2nd Saturday of Each Month – 9 am to 11 am

Mt. Calvary SDA Church – 5 Union Street – 3rd Thursday 4 pm - 6 pm 935-5172

St. John's Pentecostal Church – 22 New Market Street – 2nd & 3rd Friday 8 am to 12 pm

SNAP (Food Stamps) – Nutrition Assistance – 800-687-9512 or 856-299-7200

Catholic Charities – 25 Oak Street 856-339-4102

Salem Health & Wellness Foundation – 856-299-4460